

FOR IMMEDIATE RELEASE

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## FOREVER MARYLAND FOUNDATION ANNOUNCES 2021 WEBINAR SERIES

Education Series Focuses on 'Preserving with a Purpose'

(*Forest Hill, MD – March 25, 2021*) The Forever Maryland Foundation, a new statewide nonprofit organization dedicated to the conservation of Maryland's land, water, wildlife, and other natural resources, announces its 2021 webinar series – "Preserving with a Purpose." Forever Maryland will host five webinars throughout this year with topics touching on mental health, climate change & agriculture, backyard habitat, and more.

The webinar series, which begins this month, is geared towards local government and community leaders, land trusts, environmental nonprofits, farmers, and others interested in learning how they can improve their communities through the benefits of nature.

The March 31<sup>st</sup> webinar, *Personal Resilience: The Mental & Physical Benefits of Open Space*, features Dr. Jennifer Roberts (Co-Director of NatureRx@UMD) and Dr. Heidi Schrieber-Pan (Chesapeake Mental Health Collaborative) and explores nature's ability to help individuals reduce anxiety and depression and improve overall wellness, while also learning how you can help your community understand and overcome historical and contemporary barriers that have led to unequal access for African Americans and other marginalized communities.

April's webinar features award-winning author, biologist, and pollinator conservationist, Heather Holm, presenting, *Pollinators, Backyard Habitat, and Why It Matters.* The May 19<sup>th</sup> webinar, *Climate Change & Agriculture: What to Expect and What to Consider*, features Dr. Dennis Timlin (USDA, ARS) and Elizabeth Marks (Biologist; Northeast Climate Hub Liaison; USDA, NRCS).

"These education webinars explore how individuals can transform their communities through open space and broader ecosystem services. We're excited to have really engaging national speakers as well as local leaders who are directly impacting their communities while helping others realize the untapped benefits of open space," said Forever Maryland Foundation President, Wendy Stringfellow.

Webinars are \$25 each or the yearly series can be purchased for \$100. To register for the webinars or to get more information on this program and other events, visit <a href="https://forevermaryland.org/2021-webinar-series">https://forevermaryland.org/2021-webinar-series</a> or call Program & Policy Director, Josh Hastings, at 443-640-1034 Ex. 1267.

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Forever Maryland forges networks of diverse collaborators to provide pathways for all generations to connect with and care for the beautiful and vitally important lands and waters of Maryland that sustain healthy, vibrant, and economically resilient communities.

## FOREVER MARYLAND FOUNDATION